

Mental health for all.

Well-being without barriers

Better mental health care is for everyone. Since 1951, we've worked within the communities we serve to ensure that everyone has equitable access to the highest quality mental health care. Whether you have experienced clinical care in the past or are looking for a helping hand during a tough time, our doors are open.

Mental Health Care



Therapy

Dedicated care that focuses on compassion, empathy, and growth



Psychiatry

Combining therapy and medication management



Individual Placement and Support

Employment search, preparation, and support



Northfield Walk-In Clinic

Get started immediately



Support Groups

Issue and identity specific group support; find more information at josselyn.org

Community Programs



The Living Room

An accessible alternative to visiting a hospital or emergency room



Adult Drop-In Center

Support without appointments, forms, or fees



Nuestro Josselyn

Services and resources for Latino adults, youth, and children



Mental Health First Aid

Training on supporting someone in a mental health crisis

Specialized Adolescent Programs



Camp Neeka

A therapeutic summer day camp for youth and teens



Intensive Outpatient Program

A higher level of care for adolescents



Junior Board

A leadership opportunity for high school students

Hotlines and Resources

National Hotlines

NAMI Helpline

800-950-NAMI (6264)
Text HELPLINE to 62640
Mon – Fri: 10 am – 10 pm EST
Chat service available at
nami.org/help

988 Suicide and Crisis Lifeline

Call or text 988
Chat service available at
988lifeline.org

National Runaway Safeline

800-RUNAWAY (786-2929)
Chat service available at
1800runaway.org

The Trevor Project (LGBTQ)

866-488-7386
Text START to 678-678
Chat service available at
thetrevorproject.org

Crisis Text Line

Text HOME to 741741
24 hours, 7 days per week
Chat service available at
crisistextline.org

Talk Space App

Download on phone
(fees may apply)

Chicago Area Resources

Sexual Abuse North Suburban Chicago

847-872-7799
Zacharias Support Line
24 hours, 7 days per week
zcenter.org

Family Crisis & Substance Abuse

847-353-1500
North Suburban Chicago
OMNI Youth Services
24 hours, 7 days per week
omni4all.org

Northwestern Memorial Stone Institute of Psychiatry

312-926-8100
24 hours, 7 days per week
nm.org/locations/norman-and-ida-stone-institute-of-psychiatry-inpatient

UIC Crisis Services Counseling Center

312-996-3490
Crisis services for UIC students
24 hours, 7 days per week
counseling.uic.edu/crisis

United Way 211

211
Non-emergency crisis
24 hours, 7 days per week
211.org

Lake Behavioral Hospital

855-990-1900
24 hours, 7 days per week
lakebehavioralhospital.com

Josselyn

Grayslake

100 N. Atkinson Road
Grayslake, IL 60030

Highland Park

777 Central Avenue, Suite 17
Highland Park, IL 60035

Northbrook

1135 Skokie Boulevard
Northbrook, IL 60062

Northfield

1779 Maple Street
Northfield, IL 60093

1850 Oak Street

Northfield, IL 60093

Waukegan

415 Washington Street
Waukegan, IL 60085

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