



THE FOREST VIEW

THE CITY OF LAKE FOREST

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Dear Employees:

The Big Day is almost here! July 31, when we move into the new Municipal Services Center, is only days away, but much has been going on for the entire month of July.

Why do I keep talking about this move? After all, not all of our employees are moving. That is true, but a large portion of our organization is moving. At the same time, changes and upgrades are being made to our phone system that will impact everyone in the City. On July 31, all of the phone numbers in the City will be changing. There are a few exceptions, such as the main 234-2600 number and some of the fax numbers. We will all have to learn new dialing extensions, the way we remotely access our voice mail will require a new number, and all of our stationery and business cards will need to be updated.

We hope to have some fun with all of this change. On **Sunday, August 30**, there will be an Open House at the new MS building for all employees, retirees and families. Bring your families and enjoy this beautiful new facility! There will be food galore (including a rib cook-off between various departments/sections), games and fun for all ages.

Because of budget cuts, we've had to eliminate the traditional Golf Outing and Holiday Party for this year, so we hope that all of our employees, their families and our retirees will attend the Open House. We've also had to scale down the Employee Recognition Dinner. We are happy to be able to hold the dinner, but the guest list will be scaled down to just the honorees, their guests, their supervisors and department heads. Unfortunately, we won't be able to include retirees and the 20+ Club this year. Our hope is that as the economy recovers we will be able to resume our traditional celebrations or come up with something even better. For now, I invite you all to enjoy what we are able to offer.

See you on August 30th!

A handwritten signature in black ink that reads "Bob". The letters are stylized and cursive.

Happy Birthday

Randy Diekmann	Police	7/25	Andy Allan	Fire	8/25
Kyle Roeder	PW - Water&Sewer	7/25	Brian Miklovic	PW - Water&Sewer	8/26
Marcus Peccia	OCM	7/25	Felicia Song	Library	8/21
Pete Abel	PW - Water&Sewer	7/26	Victoria Sergel	Library	8/28
Kamy Daddono	CROYA	7/26	John Tomlanovich	PW - Sanitation	8/28
Diane Horn	IT	7/29	George Smith	Police	8/28
Colin Barr	Fire	7/29	Amy Pranaitis	Police	8/30
Nick Savel	Fire	7/29	Regina Kennedy	Library	9/1
Phil Alderks	PW - Cemetery	7/30	Chris Miller	PW - Fleet	9/1
Joe Harris	P&R - Rec	7/31	Steve Huck	Police	9/4
Donna Miklovic	PW - Admin	7/31	Beth Marquez	OCM	9/5
Lloyd Stout	PW - Sanitation	8/3	Chris Garrison	Fire	9/6
Todd Nahigian	CROYA	8/4	Kaye Grabbe	Library	9/7
Pat Gosewisch	Police	8/5	Teri Laurila	P&R - Admin	9/8
Paul Pugliese	Fire	8/5	Ramesh Kanapareddy	PW - Engineering	9/9
Mike Frake	Fire	8/13	Charlie Douglas	PW - Water Plant	9/10
Bob Wilkins	PW - Forestry	8/14	Kent Yandell	ComDev	9/11
Steve Laurila	IT	8/16	Jeff Howell	Fire	9/11
Mike Whalen	ComDev	8/22	Liz Behring	Library	9/15
Rich Paulsen	P&R - Parks	8/22	Corey Wierema	PW - Forestry	9/14
Keith Maslon	PW - Water&Sewer	8/22	Mark Rockwell	ComDev	9/16
Greg Symons	PW - Water Plant	8/23	Bill Schelhas	OCM	9/16
Andrea Mohrmann	Police	8/25	Eric Globerger	Fire	9/17
Patricia Kreischer	Library	8/6	Erik Kositzki	Fire	9/17

Employee News



Troy Lyon has joined the Fleet Section as a Mechanic. Troy previously worked for Hummel Construction as a mechanic/truck driver. He has a 14-year-old daughter and enjoys hunting, fishing and motorsports.

Richard Meehan is our new Communications Operator. He previously worked as a police officer in Rockdale after serving in Iraq. Richard is married and has a 2-year-old daughter. He enjoys spending time with his family.



Congratulations on new arrivals:

Malgorzata and **Adam Milczarek** (Police) – Daria, July 17, 8 lbs. 6 oz.

Brenda Tieglund and **Peter Gordon** (Forestry) – Quinn Jackson, June 19, 7 lbs. 7 oz.

In the 'Good for You' category: **Kim Yessian** (Rec) will be competing in a 1/2 ironman contest consisting of a 1.2-mile swim, a 56-mile bike ride and a 13.1-mile run in Benton Harbor, Michigan on August 1. **Donna Kuffell** (Rec), **Beth Marquez** and **Carina Walters** (OCM) will be running the Rock 'n' Roll Half Marathon on August 2 and the Chicago Half Marathon on September 13. Donna will also run the Chicago Marathon on October 11.



Police Sergeant **Rob Copeland** recently graduated from the School of Police Staff and Command. This is an intensive 10-week program that prepares law enforcement managers for senior positions by uniquely combining academic principals with practical applications. Because the student's research project often comes directly from a timely and critical issue facing the student's agency, the knowledge gained can be put to use immediately. Sergeant Copeland's project was on the feasibility of hybrid vehicles for police use. Congratulations, Rob!

**Save the Date – August 30, 2009
New Municipal Services Building
Open House
800 N. Field Drive, Lake Forest**

11:00 a.m. until 2:00 p.m.

Employees, their families and our retirees are invited to enjoy a family day at the new MS building.

There will be a rib cook off (the competition is on!), food, beverages, games and tours of this beautiful new facility with a fabulous setting.

Please join us on the 30th for a day of family fun, relaxing and enjoying the view.

The Activity Committee

The Green Team

Ken Leone, Phil Alderks, Colin Barr, Bob Eells, Jim Held, Caroline Hermes, Diane Horn, Beth Marquez, Megan O'Neill, Susan Suhling, Mary VanArsdale



Counting the Cost: The Environmental Impact of Bottled Water

Bottled water use is at an all-time high. In the 10 years between 1993 and 2003 per capita consumption of bottled water more than doubled.

Lake Forest residents pay \$4.56 per 1000 gallons of ultrafiltered water at their household tap. That equals about 46 cents per gallon for City supplied water. If a 16 ounce bottle of water costs \$1.50, that equals \$12 a gallon for bottled water (and you thought gas was expensive!). Using these figures, bottled water is more than 2,600 times more expensive than City water.

Expensive, yes. But that doesn't even take into account the environmental costs. Consider these facts the next time you reach for a drink:

- 26 billion liters of bottled water were consumed in 2004, or roughly 28 billion single serving plastic bottles.
- 17 million barrels of oil are necessary to produce those 28 billion plastic bottles. That's enough oil to fuel 100,000 cars for 1 year and doesn't include the oil necessary to transport all those bottles of water to retailers.
- 4 out of 5 plastic water bottles end up in landfills. That's 1,500 every second, according to the Earth Policy Institute.
- The manufacture of those bottles adds 2.5 million tons of carbon dioxide to the environment every year.

How can you help? Consider this. Lake Forest has one of the newest and most technologically advanced water filtration plants in the US; one of only 3 ultrafiltration membrane plants in Illinois. Next time you're thirsty, do your part for the planet. Fill a reusable bottle with ultrafiltered Lake Forest water and drink up!



The Library's View

Staff News

The Circulation Department welcomes **Donna O'Connor**, a big fan of the library who has now made it her "second home." Donna has lived in Lake Forest for 13 years and has three children, Fallon, Graham and Emma. She enjoys hiking in Open Lands, needlework, gardening, and, of course, reading, especially now that she can get recommendations for great new books while she works!

Library Hours

The Library is **open** on Lake Forest Day, Wednesday August 5.

Reminder – the Library is closed on Sundays until after Labor Day weekend.

Blogging Workshop

"The How and Why of Blogging" will be presented at Lake Forest Library on Saturday, July 25, from 10:00-11:30 a.m. This free program, sponsored by the Friends, is open to the public, but registration is required. To register, call 847-830-8277, or send a message to LFL@att.net.

Parking Lot Closing

Lake Forest Library's **parking lot will be CLOSED for repaving** starting Monday, August 3, and will reopen by Monday, August 17. There will be **NO ACCESS to book drops** at the Library. **Book drops are available at the Waukegan Road west side train station parking lot and at the entrance to that train station.** Parking will be available in the lot across the street during this time.

If you plan to donate books to the Annual Friends' Book Sale, please do so before August 3 or after August 17, as the donation drop-off will be unavailable during repaving. The **Friends' Book Sale** will not be at West Park this year, but will be at the Recreation Center, 400 Hastings Rd. Friday, **September 18**, through Sunday, **September 20**.

Safety Corner

Fire Department Wins IRMA Award Back Injury Safety and Prevention Initiative

The Fire Department received an IRMA Best Risk Management award for their Back Injury Prevention Initiative. In 2007 they had a 100% rise in back injuries resulting from Emergency Medical calls.

Changes made included certifying Peer Fitness Trainers to help coordinate a Mandatory Fitness program and build a fitness center within the building through Federal grant funds. These funds were used to give all members a baseline fitness program physical, as well as purchase fitness equipment.



Four ergonomic lift chairs were purchased for removing patients from upper floors with less back strain and lift straps and slide boards which help ease strains while transferring patients to and from cots or lifting patients from the floor. These were purchased with a matching funds grant from IRMA. Lastly, electric/hydraulic cots that raise and lower patients were purchased, which reduces the amount of times they lift patients.



The final piece to the puzzle was the change in responses to medical calls. A fire engine now assists when the call warrants it. This allows for more people to be on the scene and help when heavy or awkward lifting is needed.



The bottom line is that these changes have resulted in fewer, less severe injuries. In 2007, the Department's cost of injuries was \$480,600; in 2008, the cost was \$130,000; and to date in 2009, it is \$75,200. They received \$750 for their award to use for safety equipment or programs. Congratulations to the Department for making changes which resulted in such a dramatic impact!